

March 3, 2012  
Thomasville Road Baptist



**ALL PROCEEDS WILL BENEFIT THE FLORIDA BAPTIST CHILDREN'S HOME  
AND THE DEBBIE O'BRIEN SCHOLARSHIP FUND.**

**DATE:** Saturday, March 3rd, 2012

**TIME:** Race Day Registration starts at 6:30 a.m. (TRBC Student Center).

**1 Mile Fun Run** starts at 8:00 a.m.

**5K Race** starts at 8:30 a.m. (cert. # FL09036EBM)

**10K Race** starts at 8:30 a.m. (cert. #FL09035EBM)

**LOCATION:** Thomasville Road Baptist Church (TRBC). Races start and finish at TRBC.  
(3131 Thomasville Road, next to Dorothy Oven Park)

**ENTRY INFORMATION:**

**(First 200 registered Guaranteed a T-Shirt)**

Early Registration on or before March 2nd

\$15.00, includes T-Shirt

\$10.00, no shirt option

\$5.00, age 12 and under

Day of Race Registration

\$20.00, includes T-Shirt

\$15.00, no shirt option

\$10.00, age 12 and under

**This year we will be donating \$100  
to the elementary school and middle  
school with the most participants.**

Make checks payable and mail or hand deliver to the following address with attached waiver to: **TRBC-5K & 10K, 3131 Thomasville Road, Tallahassee, FL 32308.** Donations are welcomed and can be mailed or delivered to the same.

**Awards Ceremony & Post Race Festivities:** We invite you to join us for a post race party that will include plenty of fresh food, drinks, awards and give-aways.

**Pre-Race Pasta Dinner:** Friday, March 2nd at 6:00 p.m. in TRBC Fellowship Hall. Free to all runners and their families.

**Race Packet Pickup:** Friday, March 2nd in the TRBC Fellowship Hall 5:00-7:00 p.m.

**For more information** email Grea Bevis at greabevis@yahoo.com

**To register online go to** [www.thomasvilleroad.org/race](http://www.thomasvilleroad.org/race)

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ SEX: \_\_\_\_\_ AGE: \_\_\_\_\_ SHIRT SIZE: YM -S - M - L- XL NO SHIRT \_\_\_\_\_

RACE: 5K \_\_\_\_\_ 10K \_\_\_\_\_ 1 Mile Fun Run \_\_\_\_\_ Volunteer \_\_\_\_\_

SCHOOL: \_\_\_\_\_ Elementary or Middle School (please circle)

How did you hear about us? TRBC \_\_\_\_\_ Gulf Winds \_\_\_\_\_ Print Ad \_\_\_\_\_ Other \_\_\_\_\_ ( please specify)

Waiver: I know that participating in running activities is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather (excessive heat and/or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my application, I for myself and anyone entitled to act on my behalf waive and release the Race Director, Gulf Winds Track Club, Thomasville Road Baptist Church, or any other sponsoring agent, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the parts of the persons/agents named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

\_\_\_\_\_  
Signature of Entrant (Parent or Legal Guardian if under 18 years old)

DATE: \_\_\_\_\_